

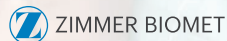
# NEED RELIEF FOR YOUR KNEES?

If you have osteoarthritis (OA), you know about joint pain. One cause of this pain is the breakdown of a substance in your body's joint fluid known as hyaluronic acid (HA). HA is important because it serves as a lubricant and shock absorber for your joints. To help lessen the pain, your doctor has prescribed HA injections. This injection, or series of injections, supplements the HA that has been depleted in your joint fluid. A treatment called viscosupplementation.

**Gel-One® Cross-Linked Hyaluronate**



**VISCO-3™ Sodium Hyaluronate**



1. Strand, V., et al. A multicenter, randomized controlled trial comparing a single intra-articular injection of Gel-200, a new cross-linked formulation of hyaluronic acid, to phosphate buffered saline for treatment of osteoarthritis of the knee. *Osteoarthritis and Cartilage*. 20:350-56, 2012.

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## Relieve Your Knees

A NON-SURGICAL TREATMENT FOR OSTEOARTHRITIS KNEE PAIN

Join the Appario Program from Zimmer Biomet



## WHAT IS THE APPARIO PROGRAM?

Sometimes health insurers won't pay for certain treatments. If your insurer won't pay for your HA injection(s), Zimmer Biomet has a program that can help. It's called the Appario Program. It allows you to order your prescribed Gel-One or VISCO-3 injections(s) directly from a pharmacy at a discounted cash pay price that is available only directly to you.

### How to Sign up

- Your doctor will help you fill out a sign-up form.
- Your doctor's office will submit the completed form to Truax Patient Services (TPS), Zimmer Biomet's pharmacy partner for this program.
- Within two (2) business days you will be contacted by a pharmacist from TPS who will answer any questions you may have, and discuss payment and next steps with you.
- Upon payment, TPS will ship the prescribed product(s) to your physician's office.
- You will schedule a visit to your doctor to get the injections(s).

## WHAT IS Gel-One<sup>®</sup> Cross-Linked Hyaluronate?

Hyaluronic acid injections have been available in the US for a number of years, but only Gel-One<sup>®</sup> can provide pain relief in a single, 3mL injection. It's safe and effective and replaces the HA you have lost.<sup>1</sup>

**INDICATIONS FOR USE:** Gel-One Hyaluronate is indicated for the treatment of pain in osteoarthritis (OA) of the knee in patients who have failed to respond adequately to non-pharmacologic therapy, non-steroidal anti-inflammatory drugs (NSAIDs) or simple analgesics, e.g., acetaminophen.

**IMPORTANT SAFETY INFORMATION:** Before using Gel-One Hyaluronate, tell your doctor if you are allergic to hyaluronan products, cinnamon, or products from birds such as feathers, eggs, and poultry. Gel-One Hyaluronate is only for injection into the knee, performed by a doctor or other qualified health care professional. You should not receive Gel-One Hyaluronate injection if you have a skin disease or infection around the area where the injection will be given. Gel-One Hyaluronate has not been tested to show pain relief in joints other than the knee and for conditions other than OA. Gel-One Hyaluronate has not been tested in patients who are pregnant, mothers who are nursing, or anyone under the age of 21. You should tell your doctor if you think you are pregnant or if you are nursing a child. Talk to your doctor before resuming strenuous or pro-longed weight-bearing activities after treatment. The effectiveness of repeat treatment cycles of Gel-One Hyaluronate has not been established. The side effects most commonly seen after injection of Gel-One Hyaluronate in the clinical trial were knee pain, swelling, and/or fluid build-up around the knee. These reactions are generally mild and do not last long. If any of these symptoms or signs appear after you are given Gel-One Hyaluronate or if you have any other problems, you should call your doctor. Ask your surgeon if you are a candidate and discuss potential risks. For additional information, call 1-800-447-5633, or visit [www.zimmerbiomet.com](http://www.zimmerbiomet.com).

Gel-One<sup>®</sup> is a registered trademark of Seikagaku Corporation

## WHAT IS VISCO-3<sup>™</sup> Sodium Hyaluronate?

VISCO-3<sup>™</sup> is used to relieve knee pain caused by OA. It's made of highly purified sodium hyaluronate, a fluid that occurs naturally in the body. This series of injections, administered once per week for three weeks, will replace the HA your natural joint fluid broken down by OA.

**INDICATIONS FOR USE:** VISCO-3 Sodium Hyaluronate is indicated for the treatment of pain in osteoarthritis (OA) of the knee in patients who have failed to respond adequately to conservative non-pharmacologic therapy and simple analgesics, e.g., acetaminophen.

**IMPORTANT SAFETY INFORMATION:** Before using VISCO-3 Sodium Hyaluronate, tell your doctor if you are allergic to hyaluronan products, or products from birds such as feathers, eggs, and poultry. VISCO-3 Sodium Hyaluronate is only for injection into the knee, performed by a doctor or other qualified health care professional. You should not receive VISCO-3 Sodium Hyaluronate injection if you have a skin disease or infection around the area where the injection will be given. VISCO-3 Sodium Hyaluronate has not been tested to show pain relief in joints other than the knee and for conditions other than OA. VISCO-3 Sodium Hyaluronate has not been tested in patients who are pregnant, mothers who are nursing, or anyone under the age of 21. You should tell your doctor if you think you are pregnant or if you are nursing a child. Talk to your doctor before resuming strenuous or pro-longed weight-bearing activities after treatment. The side effects most commonly seen after injection of VISCO-3 Sodium Hyaluronate in the clinical trial were knee pain, swelling, and/or fluid buildup around the knee. These reactions are generally mild and do not last long. Other conditions, including but not limited to skin redness and rash, knee stiffness were also reported. If any of these symptoms or signs appear after you are given VISCO-3 Sodium Hyaluronate or if you have any other problems, you should call your doctor. Ask your surgeon if you are a candidate and discuss potential risks. For additional information, call 1-800-348-2759, or visit [www.zimmerbiomet.com](http://www.zimmerbiomet.com). This material is intended for US patients.

VISCO-3<sup>™</sup> is a trademark of Seikagaku Corporation.